



Catholic Charismatic Renewal Bardon

Preparation for Healing the Family Tree Mass

Healing of the Family Tree

The effects of sin and trauma might be passed through generations as well as emerging from your own sin and trauma. Those effects might manifest through problems in your family today. Some problems come down vertically, as from grandfather to father, some horizontally, from aunt to aunt, or cousin to cousin. Some of the problems are obvious while others are known only to God.

Great traumas might be healed through generational healing prayer without knowing their exact cause. Catholic Charismatic Renewal Bardon celebrates an annual Mass to ask for God's healing across the generations in our families to release us from the impacts of sin and trauma. You are invited to attend and participate by completing a Family Tree Genogram which will be presented at the Offertory during Mass.

The Family Tree Genogram

A Family Tree Genogram can be used to document family and relationship history so you can see at a glance where possible problems are in each generation. The genogram and healing prayers cover all relationships so should include any past or present spouses, emotional, mental or physical soul ties, and sexual partners for each person. The Family Tree Genogram should also include biological, adoptive and other important carer relationships where relevant and to the extent that information is available.

We ask God to bring retrospective healing to the unholy and destructive parts of relationships which otherwise align with His plan and will, and to help us to separate from people with whom we have unholy ties. Don't worry about what you do not know about the family history or your own sin and trauma. Ask God's Holy Spirit to reveal what you need to know, and what He reveals He will bring into healing.

Constructing the Family Tree Genogram

To construct your Family Tree Genogram you will firstly identify the people you have blood-line or other important relationship ties across the generations. Then you will identify any patterns of sin and trauma or problem areas in those relationships across the generations and simply write on the Family Tree Genogram every issue that you would like to bring to God for healing. The following page lists a number of sin and trauma considerations to help jog your memory and make a more complete picture of your family line.

Step by step preparation of your Family Tree Genogram:

- 1) Ask God's Holy Spirit to reveal His Truth and then listen. It is essential to include all people and problem areas revealed to you in order to break the patterns of generational sin.
- 2) Begin at the middle section of the Family Tree Genogram template which reads "MY GENERATION".
- 3) Fill in your name, the names of any present and past partners, then list any sin or trauma problems you have experienced or know about in those relationships, and any issues the Holy Spirit has revealed to you to bring to Him, even if they are not listed on the following page.
- 4) Next do the same working down the page for any children and grandchildren, then work up the page. Continue in this way up the family tree covering all family members, as far as you can remember. Go back at least four generations, even if you do not know all names. If possible, check with parents, grandparents and other relatives to get more details or clearer information.
- 5) Once you have finished constructing the Family Tree Genogram, look for possible patterns or problem areas of sin and trauma across the family blood-lines.
- 6) During the Mass, present the Family Tree Genogram page at the Offertory. These will be included in the Mass.
- 7) After the Mass, become aware of any changes God has brought about in you and/or your family.
- 8) If you find that your family's problems are not completely resolved after one Holy Eucharist or Healing Prayer session, continue to intercede for them. **In some cases, it might be necessary for prayer for the Healing of Generations to be repeated several times for family bloodlines.**

**PLEASE ONLY PRESENT THE GENOGRAM AT THE OFFERTORY.
DO NOT PRESENT THESE EXPLANATORY PAGES.**



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Below are some of the common areas of generational bondage through sin and trauma. Identify, by name, the people in your family and other important relationships who have experienced the following.

Unusual and Violent Deaths or Severe Trauma

- Intentional harm to oneself or another (e.g., homicide, suicide, sexual assault, self-injury, abortion);
- Untimely or tragic deaths e.g., miscarriages, fatal accidents;
- Died in a mental institution, nursing home, detention centre, refugee camp, or prison (especially those who felt lonely, unloved and/or abandoned);
- Severe trauma, with evidence of effects passed on through the family (e.g. forced adoption, accidental overdose, drowning resulting in fear of water in other people, especially descendants);
- Those who were not given a Christian funeral and/or burial; including committal services or prayer, or were unmourned, e.g., lost at sea, in natural disasters or in war, family or institutional choice.

Evidence of Occult or Demonic Activity

- Superstitions;
- Involved in the occult (e.g., witchcraft, astrology, spiritualism or divination);
- Opening one's self to powers of the spiritual realm, such as pre-cognition or other psychic abilities;
- Made a blood covenant with Satan or involved in satanic worship;
- Involved with a witch or other persons involved in the occult.

Habitual sin

• Violence	• Adultery/fornication
• Abuse (physical, mental, emotional, or spiritual)	• Prostitution
• Racial prejudice	• Incest
• Religious prejudice	• Pornography
• Anger	• Lust
• Pride	• Sexual promiscuity
• Envy	• Sexual addictions
• Gluttony	Be sure to list all sexual partners and/or any emotional, physical or mental soul-ties you have with another. This is an especially important step when you are married or planning to marry. Your marriage bed should only include you, your spouse and God.
• Sloth	
• Greed	
• Materialism	
• Arrogance	
• Hatred	
• Unforgiveness	
• Addictions (alcoholism, nicotine, drugs, food, gambling, gaming social media and hoarding etc.)	
• Selfishness	
• Judgment	
• Gossip	

AS WE ARE NOT PERMITTED TO LIGHT FIRES AT THE CHURCH, ALL GENOGRAMS PRESENTED DURING THE OFFERTORY WILL BE BURNT OFFSITE BY THE CCR BARDON CO-ORDINATOR.

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